

Dear Africa Amini Alama friends,

I'm very pleased to send you our current, exciting news. I'd be glad to hear from you and receive your feedback.

Your Cornelia

A COLD TIME FOR MANY NEEDY FAMILIES

The past few winter months were much colder than in previous years, and although we have several big projects running, we realise that we still have to think of individual persons who may be in distress and whom we can help by supplying them with food.

Sebastian asked for help for his family and was supported with material to help build his chicken coop and goat stall. He's also using this new building for his children, who now have a new room! Warm blankets and jackets also help in the winter months, when the wind and damp get through the cracks of the mud huts.



Thanks to a donation from Sylvia Weiler, Lillian, a single mum, now has a roof over her head again and a solid basis for a new beginning. After a storm destroyed her home Lillian had nowhere to go, so AAL temporarily took her and her baby in at the orphanage, where she has stayed for the last 2 months.

And many other children were so pleased with the warm jackets and shoes that Mama Alama bought for them at the market!



KILN CONSTRUCTION PROJECT

Our kiln construction project, with Michael, Christian and Norbert, came along just in time to teach our stonemason apprentices the basic skills of kiln construction. These apprentices are now starting to build small kilns for needy families, so that they can save firewood, reduce smoke emission and at the same time help to keep their huts warm



NEWS FROM THE ORPHANAGE

At the orphanage, Andrea also helped prepare the children for the coldest time of the year. During the personal instruction lessons all of the children learnt how to knit. The success is quite remarkable and the fun they had using their newly learnt skill was tremendous!!

Thanks to a donation from (Dr) Ms. Schiller, we were able to extend the sanitary installations in the orphanage and now our little ladies have their very own washing area. Undisturbed by the boisterous young boys, they can go about their personal hygiene. Adolescence has crept upon us at the orphanage - unbelievable, only a short time ago Deborah, Karen and Veronika were still only little girls.



LAST FINISHING TOUCHES TO OP

A few houses further on it was a little warmer: in the Health Centre.

After a long wait, with lots of organisation, much hope and many fears, the container finally arrived in Momella and brought us badly needed instruments, machines and material for the operating theatre.

In the last few months David has helped us with his tireless commitment, to check, store, erect and install all of the equipment. After the final building work on the OP theatre was completed, we were at last able to complete the installation.

Pictures speak louder than any words; and it is hardly possible to express the thankfulness that my mother and I, our team, the authorities and above all, the patients, feel for all of the caring donors and helpers. We can be very proud of our work!

For 2 whole months we cleared, sorted and then cleaned everything.



Now we're almost finished. You can see what's been happening in a new video under https://www.youtube.com/watch?v=3HZCZ0wMW_M



What's going to happen next:

The anaesthetist from Kenya who was planned to start work in August, can unfortunately not be employed as he didn't receive the necessary work permit for Tanzania. At present, there are a lot of changes going on in the country and unexpected events belong to our everyday routine. We hope we'll soon find an anaesthetist from Tanzania ourselves. We have installed a blood bank, the sterilisation room has been completed with the final steriliser, and the OP instruments for specific operations put together in sets. We're still missing a lot here- an appeal especially for instruments in the area of orthopaedic operations! (to complete list)

In September Dr Anthony came back from his stay in Austria. For six weeks respectively and under the thoughtful care of Dr Celedin and Dr Guldner he was able to broaden his surgeon's skills and will soon be able to put these new skills into action in Momella. We especially want to start as soon as possible with the long awaited conisation method. Especially touching was the following comment made by Anthony during our general AAA evening in Vienna: *"I now see how hard it is for the people in Austria to earn their money and make a living. I am deeply thankful for the support that they give us, despite other problems that they may have here. In Tanzania I will do my utmost to put to good use the gift I have been given here."*



In October we want to enlarge our orthopaedic team with an orthopaedic surgeon from Cameroon (we hope that we will receive a work permit this time). This doctor and his wife (anaesthetic nurse) should take over trauma patients and orthopaedic operations.

Long before the opening of the OP unit, Dr Anthony looked forward to using his scalpel and sometimes bringing amazing things to light. Here is a 9 year old bullet. The reason for years of pain in the back of the knee was suddenly made clear!



WOUND HEALING PROGRAMME TO BE EXPANDED

Soon, the ward which at the moment is occupied by patients with chronic wounds will have to be made free for post OP beds, and brisk business is expected. More professionalism is also anticipated in the wound healing centre. In cooperation with the Austrian Foundation for Wound Healing, our cases will be entered into a central data bank and in this manner help in the research of wound healing. This issue is most important as currently far more wound patients are coming to Austria from southern countries



LAUNDRY UNIT ALMOST FINISHED

Thanks to the support of Klaus Hölbinger, Felix Trampler and Hans Porsch as well as the Bentlage company under Susanne Bentlage, we were able to start the laundry unit and hopefully, with further financial help, (we still need a further €2.500) it will soon be finished. It will be used as the central unit for all laundry

within our hospital service operation.

LABORATORY UNIT TO BE EXTENDED

For an efficient OP theatre, you also need to have an efficient laboratory, and this goal was achieved on time by Ruth and Anna during their stay in Momella. The building extension was made possible by Monika Schidolfsky and thanks to the endless help of the 'Technoclone' company; we were also able to expand the haematology and blood coagulation diagnostic unit. A very big 'Thank You' to our intercontinental laboratory team!!

Anna taught our laboratory assistants how to evaluate the PAP smear test. This was made possible by the 'Leica' company, who sponsored a new microscope. A camera, which is built into the microscope, makes it possible to send an image to a monitor which can be seen by several people, and which, in the future, can be sent per email to Austria for a control check.

We now also have the possibility to test for tuberculosis via a sputum test. This is particularly important for the Maasai in our area, as tuberculosis is wide spread here and is often diagnosed very late.



AUTONOMOUS ELECTRICAL

Numerous solar panels were brought to Momella in the container via Dr Guldner. These were immediately mounted onto the roof of our hospital ward and put into service. Our Health Centre is now autonomous in day to day business as far as electric power is concerned. If necessary, we can also use the local electric power supply as back -up. Should this also fail we still have our emergency back- up generator. This very sophisticated system was built by our Kenyan Patrick, and supported in its concept by Alex Ertler. In this manner during the past months, a' Backbone' (central electrical power supply) was developed and installed, which will bring, next to electricity; also water and to a certain extent Internet, from the central hospital solar plant to further buildings in the Momella project area .In the meantime our medical care projects span an area of over 250 meters – from the new laundry to the healing centre-to our central office in the library.



HIGH VOLTAGE X-RAY DEPARTMENT

After our X-Ray department received its high voltage power system, we were able to put the X-Ray unit into service and to discuss final details with the local X-Ray supervisory authorities. A few minor repairs on the processor and in the programming of the machine were necessary, but in a short while the Ultrasonic and the C Arc, as well as our big X-Ray machine will be in full operation.

WEDNESDAY MORNING: FURTHER TRAINING

Every Wednesday morning at eight o'clock on the dot, our team meets to discuss current topics. During the past weeks, our laboratory was the centre of attention. All test methods and their therapeutic consequences being applied by us at the moment, were discussed. The person in charge of further training at AAL is Dr James.



BROTHER FROM MUNICH HAS SURVIVED

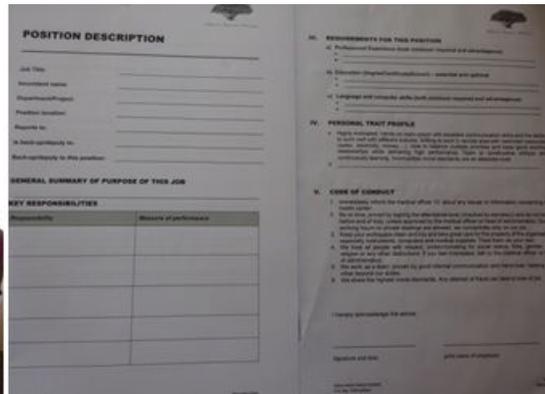
At this point a very big thank you to everyone who financially supported Munich. Barton, who was badly injured in a motor bike accident in March, can now walk and talk again. After some consideration and several examinations, the doctors decided not to operate a second time, but to give the very good natural healing process a chance. Thanks to all who donate to our [Notfallfonds](#) in such acute cases. Every week we hear of patients who cannot afford life saving operations.

Great hope and positive omens, such as the rainbow for the start of a new era in our Health Centre.



ADMINISTRATIVE BACKGROUND WORK WITH KARIN

An important pre-requisite for a well run hospital operation is sound and well organised administration and bookkeeping. Last year, Karen Skarek helped set up a new basis in the areas of budgeting, processing and employee leadership, as well as in the organisational structure. A lot of background detail work which often can't be seen on the surface. An exact job description is just one of the many pre-requisites that we will need for the donation 'seal of approval' certificate which we are aiming at. For those interested: Here you can find our strategy plan paper [Website \(Startseite\)](#). I'd be pleased to receive your feedback.



STILL MISSING: A MEDICAL ADMINISTRATOR

We are urgently looking for a motivated person with knowledge in the areas of medical and hospital management, who would be able to take over the management and professional running of our Health Centre. It would be an exciting challenge to be able to train a local African in this responsible position this year!

MAASAI VISION WITH MANY SMALL PLEASURES

The four new calves in the Maasai Vision are a very special joy. For the last two months we have had fresh milk for the children's daily porridge. Life without the weekly "Friday is fruit day" and the regular delivery of vegetables from Paolo's garden is now almost unthinkable!



Paolo cares for his garden with great enthusiasm, harvests vegetables, pesticide free tomatoes or Moriga leaves. In some classes he's already started permaculture courses and the courses for adults in the community centre in Momella are already well attended by many farmers. Our Moringa trees are growing and have already been cut back several times, the leaves harvested and dried. On quite Sundays they are then further processed.

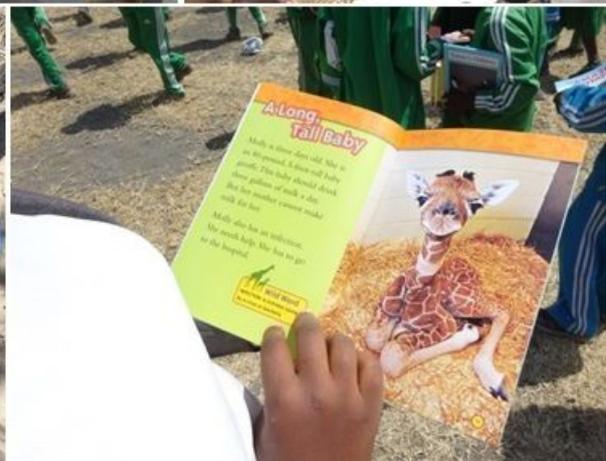


Our Maasai Vision Dental Care programme, at second try, has finally made a breakthrough! Little bags sewn by our ladies make it possible for the children to keep their toothbrushes in proper order in the classrooms and to use them once a day.



BRIAN AND EVA: A GREAT SUPPORT FOR OUR TEACHER FOR 3 WHOLE MONTHS

Especially at the Maasai Vision where both teachers lived for a time, and thanks to them, our children were able to improve their English. Our local teachers profited thanks to the regular seminars which took place, where Montessori teaching materials were explained to all of the teachers of the three schools. With Eva's help, Magdalena, who had already attended a Montessori training course in Nairobi, was able to hand on her newly learnt knowledge during these seminars. Unfortunately Brian and Eva couldn't hand out the many English books which they had personally collected in the USA. After a 3 month journey the books arrived intact in Ngabobo and now form the foundation of the new school library.



There is a new video with information about Maasai Vision, that will give you an insight into everyday school life <https://www.youtube.com/watch?v=5gVPh8YITzk>

SIMBA VISION

Books also arrived in the Simba Vision. After the big tree in the middle of the school yard was blown over by wind, it's now being used as a shady retreat for children who want to relax and read.

Unfortunately we couldn't begin with the building of the four new classrooms. Difficulties with Maasai land ownership is not unusual, therefore we have to clear up the framework of general requirements before we can continue building.

At the moment there is a surplus of milk in the Maasai Vision, so this surplus goes to the nursing school and to the children in the Simba Vision, who can look forward to milk in their morning porridge too!

We have also renovated a building to accommodate the two needed classes. With Imelda, presently head teacher, the children have a loving and motivated teacher. Brian and Eva also spent a few days in the Simba Vision and brought Montessori material with them for the daily lessons.

There are also some exciting insights into Simba Vision daily school life:

https://www.youtube.com/watch?v=Ft29I_Udn6I Have fun!



SECONDARY SCHOOL GIRLS

In June our students got together once again to talk about their semester. Many new students were taken into the programme and some of them, who were already able to complete the fourth and last class, are able to take part in some of our other programmes. Via the "More than a Drop Foundation" 10 girls have the chance to complete the housekeeping school in Moschi. Four further graduates are able to go to Mwanza to take part in the special 3 year Montessori training with Sister Denise; we are also supporting other students so that they may complete their O and A level High School examinations.

In Momella Marlene and Lisa are organising a series of sexual education and contraception seminars especially for girls between the ages of 13-16. A great success!!

Students from the secondary school in Momella enjoy using our computer classes. A special course in June, during the school holidays, was very well attended.



WOMEN'S GROUP WITH WENDI'S BACK UP

The ladies under Wendi's care were in great demand again in May! Noelianna, as the new leading lady, was voted into office, a new sales lady was employed to work in the sales container and now we're hoping for income for the group for the summer season.

They greatly enjoy sewing uniforms for the school children.



THREE WEEKS WORK ON THE PAJERO ...NOW IT'S FINALLY IN SERVICE AGAIN



We can hardly believe that this car will soon be in service again! But our specialist team with Josef, Andreas and his father from Upper Austria have made it possible. In just 3 weeks! Gerhard Plasonig also stopped by for a short time to see how things were going along with 'his' garage...

AFRICA AMINI LIFE

More and more people are taking the opportunity to stay at our lodge and our other accommodation possibilities in Momella, to take a look at our various projects or simply spend a holiday. We're currently planning 2 special holidays for 2017:

1. GOD PARENT'S HOLIDAY FROM 24.2. - 4.3.2017

For the first time we are planning a 'God Parents' holiday. This will probably take place from Friday 24.02 to Saturday 04.03.2017. There will be a basic package and the optional possibility to book extra activities such as safaris. With this holiday we want to give all existing and potential God Parents the chance to visit the children and the schools. Besides an insight into everyday school life a celebration with the children is also planned. The AAA projects will be visited with Christine and/or Cornelia and lots more.

To be able to offer you an attractive price for your flight to Tanzania, we're currently negotiating with Ethiopian Airlines. If you are interested you can contact Michael under mm@africaaminialama.com and you will be contacted in good time.

2. YOGA HOLIDAY

We're also currently planning a 10 day Yoga holiday for September 2017. Further information will follow .If you're interested you may gladly contact Michael in advance at mm@africaaminialama.com

3. YOUR IDEA?

You'd like to organise your own, individual group holiday?-no problem, we look forward to your mail and will gladly prepare a suitable offer.

KILI FAIR

The Kili Fair in June was a huge success. We had one of the most eye-catching stands, our Maasai danced and sang on the main stage and many agents from Europe are interested in taking us into their programme. A somewhat different way of experiencing Africa! The new Minister of Tourism was heartily welcomed, Lesse gave an interview in Tanzanian television and "The Lion King" also came to visit our stand.



A very special acquisition for us was the Variotherm sauna oven, put together by our Kiln construction team of helpers. Because of the high temperatures produced the Maasai were very sceptical: „ if I stay longer I will die!“ But for our guests-especially in combination with the big pool-it is greatly appreciated. A fully functional sauna á la Maasai!



And on this note I can only heartily invite you to visit us for a few days next winter, take a look at our projects on the spot and join in! <http://africaaminilife.com/de/>

Karibu Sana!

Your Cornelia Wallner-Frisee



Momella, August 2016

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THANKS TO ALL DONATORS!

Since 29.11.2012, Africa Amini Alama belongs to the BMF (Ministry of Finance) website list of registered donation favoured institutions in Austria-under the registration number SO 2336!

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