



### TABLE OF CONTENTS

COVID-19 IN TANZANIA.....	1
WHAT ABOUT OUR HOSPITAL?.....	3
DONATION ACCOUNT.....	7

### COVID-19 IN TANZANIA

There are times of doing, of building, of acting, of fighting... and there are times of resting and observing, of gentle withdrawal to identify where the challenges are that will have to be met in the near future. As Austrians expats we were called to return to Austria. There is a governmental aid for recalls. „You have a wonderful government that takes care of you,“ says one of our employees.

If the virus breaks out here on a European scale the consequences are unimaginable.

Companies are already now forced to lay off their employees as a result of the sudden collapse of tourism and will not receive any support to survive.

People, and that means almost everyone here, who are affected by this collapse of the country's most important source of income are left to themselves and their families to survive.

At the moment, the situation is not so much about the health consequences of the virus. It will very soon be about essential issues such as how to feed your children, how to pay school fees, how a family can survive without food. And if a mother can no longer pay for the transport of her sick child to hospital, the child will die with or without the virus.

**Hunger could cost many more lives here due to its serious economic impact.**

**What exactly has been happening since the break out of the virus?** I want to share our lives with you, not to distract you from the challenge of what each one of you is going through. But perhaps to show that we are all connected and that we are going through very similar processes. Also, to exchange ideas from afar with people who have come closer to us because of the beautiful experiences we have shared,



the common visions in recent years. To show how much the people here survive more than ever - thanks to your support. To let you participate in the situation that we are currently facing here with all its difficulties.

Schools have been closed for several days. This means no education for anyone, but above all no school meals. There are no online courses here. At the schools we have prepared ourselves for this situation and started early to write down homework in the children's exercise books to cover the time at home. The timing is good, because we were about to go on Easter holidays. Nevertheless, we believe that soon families will approach us to ask for support packets - food for these weeks, at least a lunch for their children. We will be there for them. The money for food has been paid by you, our sponsors, and is for the benefit of the families who urgently need it.

What other measures have been taken here in Tanzania? Restrictions at the borders, which make entering difficult, hospitals are preparing for the first Covid 19 cases: In each region, there is a priority hospital, which will be responsible only for those infected with the virus. At the moment there are only a few people who have tested positive, and no deaths. But the government is taking it very serious.

Prevention is crucial: people are not allowed to go to church or to football games, gatherings are forbidden. There is no curfew yet. In Kenya the situation is different. There, farmers are partially no longer allowed to work on their fields. This means a state of emergency, because without their fields most people here are deprived of their most important basis for survival.

Prevention here means not only implementing the right hygiene measures, but also getting enough food and the best possible supply of vitamins. We can contribute with our knowledge gained over the years. We are now distributing Moringa, Artemisia and Baobab to all those who approach us with requests.

How does everyday life look like at our KinderVilla? We follow the general recommendations of the country to have only the most necessary contact with people from outside. We built a running track around the KinderVilla: Every day the team, our children and the staff, run 30 minutes to stay fit. Even our little Leona at her pace. Every morning teachers come and teach our children, and our helpers Karin and Darri, the only volunteers who are still with us, play and make music with them. Excursions to the Hillside for swimming, to the river and cycling with the newly repaired bikes, as well as acro-yoga bring variety to their daily lives. Moringa is available each morning and evening as a multivitamin, either in meals or as tea. Washing hands regularly has become a routine here.



The tragic economic consequences are what now threaten the lives of people living here. We can hardly estimate this yet, but we fear very difficult times. Thanks to our sponsorships the future of many children is assured. This is our contribution that we can currently offer collectively to be there for these over 1200 children. And we are staying here - now more than ever, we need sponsors to keep them all in school and to be able to support them!

### **WHAT ABOUT OUR HOSPITAL?**

In times of the greatest health challenge, why don't we prepare for possible corona cases at our hospital? Right now, we would like to help, but we have our hands tied.

We were asked to transfer all medical donations to a state account at the beginning of January. Furthermore, there is currently no possibility of ensuring administrative control of the hospital. We have to comply with the new state guidelines.

In order to follow our regulations regarding donations, we retained all medical donations in European accounts and had to withdraw from operational medical activities. Transparency and control of our donations is our greatest responsibility. Our wonderful medical team stood by us. Until March it was still unclear whether the state authorities could make exception in their regulations, give us the possibility to keep financial and administrative control with the help of a memorandum.

After negotiations in Dodoma at ministerial level and after the Minister's visit with great encouragement, we waited for further weeks. It now seems that the time has come to place the management of the hospital in state hands for the near future. Ten years earlier than planned and expected. But the community continues to try to do everything possible to make the impossible possible: Their Charitable Hospital - which has helped them so much up to now. We are still willing to negotiate and monitor what is happening, currently without the use of donations.

We hope that the state authorities will be able to provide valuable services to the people in the area with the infrastructure we have built up. The large number of patients from distant areas who have been helped here by the high-quality services, often free of charge if necessary, will probably stop coming in the future. Especially because the naturopathic treatments in the immediate vicinity of the hospital are considered unwanted.





So many dear guests and helpers wanted to make a great contribution to the hospital with their knowledge. Their hands, like ours, were tied. But we used the valuable time and organized first aid courses - for more than 250 employees of Africa Amini Alama & Africa Amini Life. We proactively went with them and our medical staff to the schools to carry out preventive medical checkups. And with some surgical techniques we were able to impart valuable knowledge through „dry trainings“.

Negotiations are still ongoing, and Covid-19 is now at the forefront of health care politics. We are observing and waiting to see how the situation develops and will remain committed to our vision - not to impose aid but to provide it when it is urgently needed and fully supported by the local authorities. After all, sustainable changes within the country can only be made in cooperation with existing systems. We are waiting until the time is opportune.

Meanwhile, we enable some of our medical staff to pursue their further education, set up their own small practice to serve the people here, or carry out educational work in local communities organized by us. We are starting a program of medical screening and awareness in local schools with one of our best health care workers. Furthermore, in the spirit of permaculture, we are expanding the supply of Moringa and Baobab, which are rich in multivitamins, to our children. Moringa is harvested in large quantities in our own plantations.

Here is a picture of our great team with whom we have built up the hospital in Momella for the benefit of our patients. They all say THANK YOU, because together with your financial and professional support and their own commitment they have been able to help so many people over the years.







We could hold on to strategies, plans, buildings, projects and concentrate on maintaining them with a great deal of energy and at the risk of other projects. We could complain. **But we can also see new dynamics in all the challenges and use this power to allow and implement changes.** This seems to be a time in which we are all confronted with exactly these learning issues each within our own environment. And we all cannot estimate in which direction it will go.

But we know that these experiences are by no means in vain, but that they are there to teach us something. If we get involved and do not fight against them, something new will arise. And I hope that after we have gone through all this together, we will not say: „Now everything is back to normal“ but will be grateful that we will be at a different, better starting point. Even if we do not see it at the moment, us here, at the Africa Amini Alama project, are now keeping calm, helping where it is possible and trusting that we can take a step in a new dimension and quality.

Therefore, we need help, and we thank all our supporters, who do not forget people here during their own difficult times. Because what has been clearly demonstrated to us in these past weeks: We are not alone, we are all going through a collective process here - like never before. And this will also lead us into our very own inner strength together.

We will hold the fort and share the developments here with you,  
Cornelia & Christine







Now, the challenge for all of us is to maintain our balance...  
This is where we can learn from our kids:  
To completely be in the present moment,  
to accept the challenges and  
to have **confidence**.







## DONATION ACCOUNT

**Donations** to Africa Amini Alama are **tax deductible** in Austria, Germany, Switzerland & USA.

### **Austria**

IBAN: AT141200051846031508

BIC: BKAUATWW

### **Germany**

IBAN: DE96500333001274306000

BIC: SCFBDE33XXX

### **Switzerland**

IBAN: CH7700777008613824640

BIC: KBSZCH22XXX

### **USA**

Account#: 6799165646

Routing#: 021000089

CITIBANK, N.A.

SWIFT: CITI US 33

**>>Donation - Website**