



AFRICA AMINI ALAMA WHERE WE STAND IN 2021



„PAMOJA TUNaweza“

TOGETHER STRONG - NEW PATHS FROM THE POWER OF OUR HEARTS

Africa Amini Alama developed into a center of growth for underprivileged people in Tanzania. For men, women and children in their search for medical and social help and education.

The wide-ranging professional and financial help from people across several countries has enabled our local team to develop continuously over the years. With great commitment, our employees support those people in their country, who need help the most. Today, Africa Amini Alama provides medical care to the population in a Natural Healing Center and offers education in four English-speaking elementary schools, one secondary school and one vocational school. In addition, AAA provides a home for orphaned or underserved children at the KinderVilla.

INTRODUCTION

The report on the achievements of Africa Amini Alama, our international NGO in Tanzania, up to and including 2021 and an outlook on the strategy for the coming years is presented to you here. After a turbulent Covid19-year and changes in the medical projects, the importance of the educational projects with the support of more than 1500 children has increasingly come into the focus of our activities.

Hundreds of families were provided with aid packages at a time when fear and insecurity prevailed and many women had to avoid the markets for health reasons. We supported the children attending our schools and extended this help to other schools as well. For instance, by providing new buildings, teachers and food to the elementary school in Lendoya with over 300 children.

After handing over the Health Center to the state authorities, our medical activities focused on treating patients in the Natural Healing Center, supporting families with healing herbs to strengthen their immune systems, and providing medical care for school children through our medical team directly at the schools.

With your help, we were able to further expand the activities despite great challenges and provide security and support to the local people, especially in times of great upheaval. As a result, we have grown together more strongly and are the basis for a promising future for the projects in general and for the many children who have



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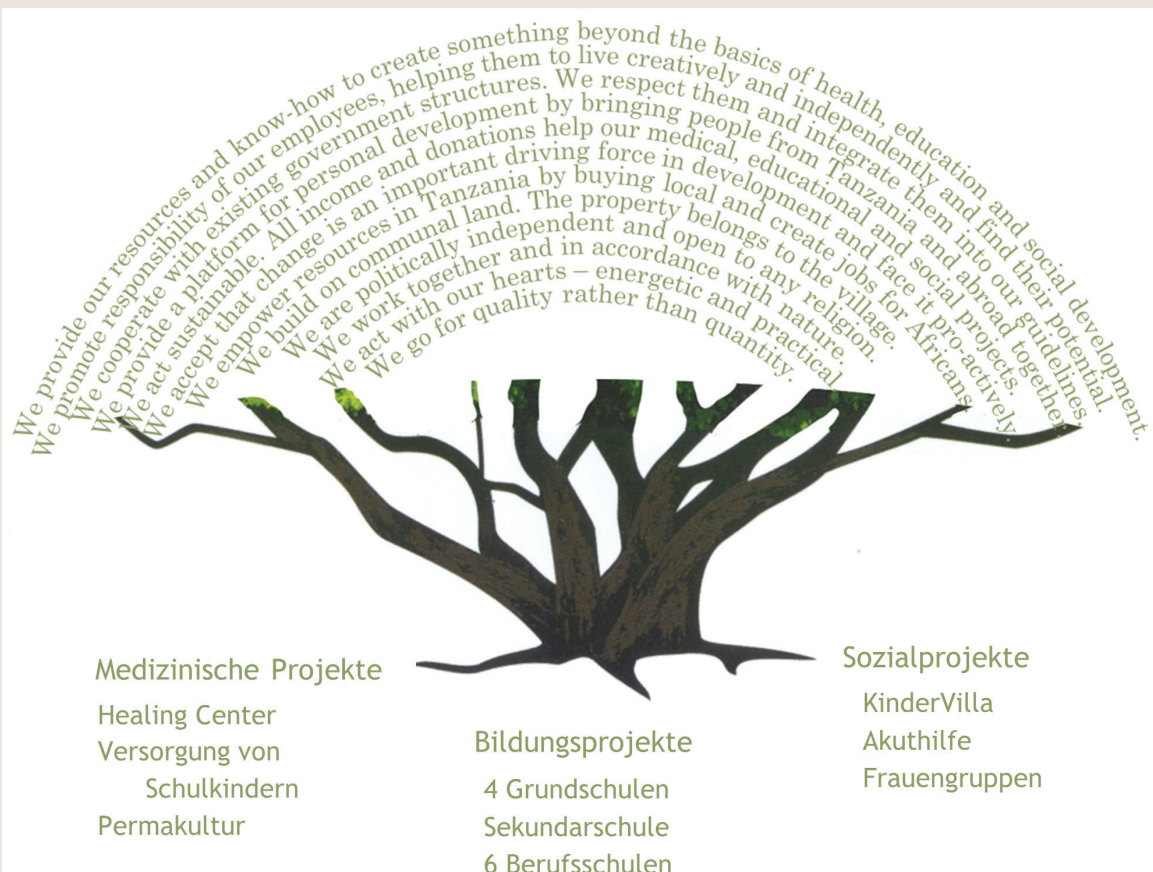
received support through your help. We are more than ever a place of trust and love - a beacon of hope for so many people in need.

We would like to express our sincere gratitude to the sponsors and ambassadors in Europe and the USA who have continued their support of the projects during these challenging times. All of you have made all of these accomplishments over the past few years possible. We will continue to grow together in a sustainable way to serve and give a future to the people in need through holistic medical care, education and social support.

Asante Sana on behalf of thousands of people who have already received help, hope and support through Africa Amini Alama.

OUR PRINCIPLES AND PROJECTS

Africa Amini Alama stands for authenticity, respect and tolerance, for education of the heart, intuition, creativity and self-responsible action. These principles unite those people at home and abroad who are committed to the projects.





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MEDICAL PROJECTS

Our vision: To create space in which each individual can grow and develop in order to find back to his or her own potential. To be healthy through recalling one's own inner powers, through an altered consciousness and the activation of self-healing powers.

Our mission: We see our role as a center with holistic, conventional medical and naturopathic treatments for patients. Through preventive medical education and treatment strategies, our goal is to help people with limited resources to help counteract potential illnesses ahead of time. We provide access to comprehensive naturopathic services for those in Tanzania who cannot afford them.

Sustainable results: We aim not only to treat, we aim to heal. We integrate emotional and spiritual aspects into our treatment methods to activate the self-healing powers. This approach can be integrated into the health care system and medical personnel can be trained in it.

What have we achieved since 2010, where do we stand in 2021?

- **Handover of the Health Center to the state authorities.**
After the memorandum expired, the medical activities and all related facilities were handed over to the state. This Health Center now consists of a general outpatient clinic, an HIV clinic, a laboratory, the mother-child unit with births and their pre- and postnatal care, a dental unit, the bed ward, the X-ray and ultrasound unit as well as a surgery room. We continue to support all women giving birth at the Health Center with free mother-child packages. The average birth rate at the Health Center is currently 35 births monthly.
- **Naturopathic Center (Natural Healing Center)**
After conventional medical clarification, herbal medicine, homeopathy, vital field therapy, Scenar, acupuncture, medical massages as well as specially prepared blends and remedies find their equal space. When necessary, therapeutic healing interventions such as quantum healing, neurological integration, systemic work and kinesiology are the methods used to address deeper causes of the disease. This type of treatment is widely accepted by the local population.

A new product line with herbs and medicinal plants creates jobs and has already helped many locals to gain more strength and health.



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- **Medical services for school children**

1500 children received medical care from our medical team at their respective schools. Within a month, the team visited a different school each week to provide care to all children.

Twice a year our schools and other schools in the area are visited by doctors from those private practices that we helped to establish. Thus, there were regular eye and dental examinations by our former optometrist Tito and our former dentist Diana.

- **Support of former Health Center employees on the road to self-employment.**

Delightful success stories of our employees who have become self-employed with our help:

- Diana, our former dentist, opened her own dental practice and started her Mswaki Wangu project, treating school children and patients for free with the support of AAA.
- Tito, our former optometrist, helps in outreaches by examining and treating children with vision problems.
- Josef, our former radiologist, works on a freelance basis with an ultrasound machine and also helps out from time to time at our clinic.
- Colman, a physical therapist, started his own practice with our help.
- Nuhu, our pharmacist, was able to open his own pharmacy with the help of start-up money and continues to be the point of contact for all of AAA's pharmaceutical needs.
- Some nurses have had their education financed and now have their diploma or e.g. new qualification as anesthesia nurses.
- Three physicians are funded for their specialty training.

- **Permaculture**

- Medicinal plants are cultivated on a farm in Ngabobo (Moringa, Neem, Artemisia and lemongrass) and made available to patients, schools, the KinderVilla and families.
- All primary schools and the KinderVilla have vegetable gardens to provide Moringa and fresh vegetables.
- Seminars and presentations on organic vegetable gardening are being held at all schools.



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Strategic Perspective 2023

- The Africa Amini Natural Healing Center as a point of contact for patients with acute and chronic illnesses who want to take advantage of naturopathic aspects of regeneration in addition to conventional medical treatment.
- Prevention program through patient education at the Natural Healing Center, schools and the communities.
- A preventive medical clinic as an overall concept, which includes conventional medical diagnostics and therapy, naturopathy as well as permaculture, is being considered as a possible new project to provide health care for the local population.
- Assistance with ambulance transports for emergencies within the surrounding communities.
- Financial support for patients who cannot afford necessary examinations or operations at other Health Centers.
- Africa Amini Life tourists do not come only for the purpose of cultural exchange, but also to be treated at the Natural Healing Center and thereby gain new ways and strength for their own life.
- Expansion of the permaculture project by hiring another permaculture gardener. Integrating permaculture into the school curriculum, offering to maintain the school gardens as an educational tool for the children and as a result harvesting fresh foods for them. Informing the guests of Africa Amini Life about the school and medicinal plant gardens, further development of the Moringa product line to supply patients and clients abroad with Moringa and other medicinal plants.



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Strategic measurement

Strategic measurement criteria of medical projects	Actual value 2021	Target value 2023
Number of patients treated at the Natural Healing Center per day	28	45
Number of school children treated at AAA schools per week	45	55
Number of weekly medical lessons at AAA schools	2	2
Number of permaculture seminars held at our schools per month	2	4
Number of children receiving dental Check-ups per year	1300	1500
Number of children receiving preventive eye examinations per year	1300	1500
Number of children receiving preventive eye examinations per year	6	24
Number of permaculture or moringa gardens within the project	9	9





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EDUCATIONAL PROJECTS

Our vision: Children and adolescents are given tools through knowledge transfer and the development of practical skills to enable them to shape their own lives in a self-determined manner.

Our mission: Establishing and maintaining our three English-language elementary schools and our secondary school for children coming from disadvantaged families, where independent thinking and the development of intuitive feeling and decision making are encouraged in addition to the transfer of knowledge and creativity. Running a vocational school where young people learn a profession in order to create a basis for their future.

Sustainable results: Witnessing a new generation growing up, self-confident, critical, creative and entering their professional lives out of their hearts with respect for others.

Africa Amini Alama has been providing education for many years to disadvantaged children and adolescents who would otherwise never have a chance to attend school. They are a source of hope for their families. They will provide financial support for them in the future, bring new ideas to a very traditional culture and help all those who they are close to.

We have clear and strict criteria that allow students to attend one of the Africa Amini Alama elementary schools. The most important factor is the social background. Once students have achieved very good results in seventh grade of elementary school at the age of 13, they are given the unique opportunity to continue their education at the highest level up to Highschool at Pamoja Secondary School. However, this opportunity is only available to students with excellent final grades.

After years of education, self-awareness, respectful communication and interaction, a new generation with leadership skills and high motivation to change things around them and in their country is emerging. They will be the future leaders of their local communities.



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What did we achieve since 2010, where do we stand in 2021?

- **Three English-speaking elementary schools and a new school in Lendoya**
 - Maasai Vision in Ngabobo: 309 children (two Montessori classes, 1st - 7th grade primary school)
 - Worseg Vision in Momella: 350 children (three Montessori classes, 1st - 7th grade primary school)
 - Simba Vision in Madebe: 276 children (two Montessori classes, 1st - 7th grade primary school)
 - Lendoya Primary School: 300 children (one Montessori class, 1st-7th grade primary school)
- our schools are run in conjunction with the state in the form of Private Public Partnerships. They are the first English-speaking state schools with a Memorandum of Understanding between the state authorities and AAA.
- Some of the teachers are employed by the government, all other costs are covered by Africa Amini Alama.
- Elementary schools are intended to provide quality education to children from low-income families.
- Soccer and sports as a culture- and gender-binding element during daily school routine
- All schools offer at least two years of Montessori Kindergarten with professional Montessori teachers.
- In 2020, all three elementary schools were ranked among the top 10 percent of Tanzania.
- Regular teacher trainings conducted by professional teachers from Europe and Israel
- Two additional elementary school to be built in Oltepez and Nasula, starting from January 2022



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- **Pamoja Maasai Secondary School in Ngabobo**

The school was completed in 2018 and registered as a government school by the authorities. In 2021, 240 students (Form 1 to Form 3) now attend the school. Coordinated with the authorities, Pamoja Secondary School is to be a School of Excellence, admitting only students with top grades at national exams (Grade A and B) from Ngabobo and Ngare Nanyuki. Even though it is a government school, it is run in partnership with Africa Amini Alama and the respective communities. Some teachers are employed by the government. Parents provide food, the remaining costs, including any additional food, are covered by Africa Amini Alama.

- **Vocational schools**

- mechanics', carpenters' and bricklayers' apprentice training workshops and a welding workshop (85 apprentices), which provide young adolescents from socially disadvantaged families with a 2-year apprenticeship in the professions. The new boarding house and classroom unit allows those apprentices who come from remote areas to stay at school overnight. The new classrooms are used by the apprentice carpenters and mechanics.
- Erich Plasonig mechanic workshop:
Repair workshop with high quality standards and complete equipment, serves to repair the organization's own vehicles, the transfer of know-how and the training of mechanics
- Computer school with 10 workstations where primary and secondary school children, as well as adults from the local community, gain basic IT skills in a three-month course. Some of them go through the rigorous examination of the „adult education program“ to obtain a legally recognized certificate.
- Tailoring center with an independent production facility, where nine girls between 15 and 17 years of age complete a 2-year tailoring apprenticeship with an official diploma. The women's sewing group runs the workshop as its own profit center.



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Strategic outlook - educational projects 2023

- Ensure high quality English-speaking education at the three existing English-speaking elementary schools, from kindergarten through grade 7
- Quality guarantee through know-how transfer of voluntary teachers as well as recruitment and training of qualified personnel
- Give significant importance to additional subjects such as permaculture, literature, sports, drama, dance, computers
- Communication of our schools with other school institutions within the framework of visits for the purpose of sports activities or subject-specific exchange
- Completion of the Pamoja Maasai Secondary School in Ngabobo by financing a boarding unit currently still missing. Providing quality education in all grades with special emphasis on fourth grade, graduating from secondary school for the first time in 2022. The Pamoja project (translated as „Together“) will continue to be run under the spirit of successful collaboration through contributions from the government, parents and AAA.
- First Highschool classes to begin at Pamoja School in January 2023.
- Further expansion of the vocational school with hands-on experience in order to make the apprentices' training as creative as possible. (Integration of new machines, welding workshop and increased know-how transfer from Europe)
- To accompany the tailoring group with know-how transfer in order to support them on their way to independence. Supervision of the curriculum of the tailoring vocational school
- Construction of another vocational school with additional secondary education in Momella. Subject-specific focus: sustainable tourism
- Adding the Internet to the e-learning center, new items in the curriculum: teaching basic computer skills, creating resumes, writing job application letters.



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Strategic measurement criteria

Strategic measurement criteria - education	Actual value 2021	Target value 2023
Number of students at all primary schools	1235	1235
Number of 7th grade classes taught	4	4
Number of teacher training seminars per year	4	8
Teaching quality: Nat. exams ranking 4th & 7th grades Maasai Vision, Worseg Vision and Simba Vision	Top 10%	Top 10%
Teaching quality: Nat. exams ranking Form 2 & 4	Top 10%	Top 10%
Number of children successfully completing school	105	100
Number of children in Secondary School	240	400
Construction of all necessary buildings	80%	100%
Number of students with certificate of completion in vocational school every 2 years	70	80
Number of vocational school students after graduation who have full-time jobs	75	80
Number of tailors who graduated	9	18
Number of students who completed their basic computer course per year	100	100
Number of e-learning users per day	5	>20
Number of written reports on children per year	2	2
Number of children with a sponsor	770	1200
Zoom meetings per year per school	1	1





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SOCIAL PROJECTS

Our vision: To share a part of our own prosperity with those who are struggling to survive.

Our mission: To help families in need until they are able to become self-sufficient again.

Sustainable results: We provide children in need a place of developmental support, safety, and love. We help those people who are unable to survive without support.

What have we achieved since 2010, where are we standing in 2021?

- **KinderVilla in Momella (41 children)**

- KinderVilla with 41 children (45% girls, 65% boys)
- A home where children experience social competence, loving togetherness, security and joy.
- Creation of a conducive learning environment and enabling the children to receive an education at a primary school
- Openness to European culture through daily contact with volunteers from Europe while maintaining their own cultural understanding through a stable Tanzanian team consisting of five persons (Father Deo, Mama Christopher, Rehema, Loveness, David).
- Regular interaction with the community and external institutions through field trips.
- Interaction of the children with their own community by helping them to integrate with their clique during school vacation.
- Regular communication with the district office for reports and quality controls.
- General renovation of the KinderVilla with a new coat of paint, furniture and a TV.

- **Acute care for families in need**

- Food packages: Each month, in-kind donations and food packages are brought to more than 25 families on a regular basis. Additional families receive emergency assistance.
- Over 450 Covid19 emergency packages in 2020 and 2021.
- Construction of houses to accommodate three to four people using local building materials. With more than 15 houses built in Momella and its surroundings, more than 43 people have already received a new home.
- Supporting single women through small social entrepreneurship projects in Momella.



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- **Support for women's groups from the Maasai countryside**

- Three women's craft groups in Madebe, Ngabobo and Lekurumuni:
Maasai women who are living on the poverty line are allowed to sell their handmade jewelry to us at fair prices at regular markets and use the proceeds to feed their children. We sell their jewelry at our store at the Lodge and are also looking for sales markets in Europe
- Special project: to exclusively market the jewelry under the „Alama“ brand name
- 3 microcredit groups
 - 10 women in the first group (2,000,000 TZS seed money)
 - 30 women in the second group (2,000,000 TZS seed capital)
 - 10 women in the third group (900,000 TZS seed capital)

- **Water projects in Ngabobo, Madebe, Maroroni and Ongontukoiti.**

As a result, 3000 people in Ngabobo, 500 in Madebe, 2700 in Maroroni and 2100 in Ongontukoiti are supplied with drinking water.





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Strategic outlook - social projects 2023

- KinderVilla: To continue to provide children with a home where they can experience protection, love and support. Along with the day-to-day running of the KinderVilla, to prepare the children for future vocational training. Those children who are in the Pamoja secondary school will continue to have a home in the KinderVilla during school vacations and for one weekend each month.
- Establishing structures within the KinderVilla to meet the special needs of older children in order for them to be among themselves as an age group - for example, with the container and separate excursions and activities.
- Preparation of regular reports to inform sponsors about the development of their children. Intensify Zoom-meetings with sponsors and prepare the children for these meetings.
- Maintaining support for families in need. Delivering food packages together with Africa Amini Life guests, building houses and expanding small private initiatives when needed.

Strategische Messkriterien

Strategic measurement criteria - Social projects	Actual value 2021	Target value 2023
Self-contained children evaluated in terms of openness and free play behavior	93%	95%
Percentage of children with psychological issues	5	1
Number of orphans with primary school diplomas	15	25
Number of sponsorship reports per year	2	2
Number of family sponsorships	14	25
Number of volunteers per year	5	10
Income of the Maasai with jewelry per year	€ 5.000	€ 10.000





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ADMINISTRATIVE CHANGES

As of 2019, Africa Amini Alama has the status of an I-NGO, instead of the previously existing „Organization limited by guarantee“. We continue to receive the status of a charitable organization.

Members of the board are representatives of Meru, Maasai, a women's representative, a secretary and also a lawyer, Christine Wallner as founder and Cornelia Wallner-Frisee as chairwomen of the board.

The presidency was handed over from Christine Wallner to Cornelia Wallner-Frisee in June 2020. There are 4 sister associations in Austria, Germany, Switzerland and the USA. The respective chairpersons and the sponsor committee in Austria belong to their own internal team, which, in addition to the administrative team in Austria, regularly receives the latest information updates from Tanzania.

International & Austria	Germany	Switzerland	USA
IBAN: AT141200051846031508 BIC: BKAUATWW	IBAN: DE96500333001274306000 BIC: SCFBDE33XXX	IBAN: CH7700777008613824640 BIC: KBSZCH22XXX	Friends of Africa Amini Alama Account: 6799165646 Routing#: 021000089 CITIBANK, N.A. SWIFT: CITI US 33
Address: Roentgengasse 3/3, 1170 Vienna	Address: Dankwartgrube 36-38, 23552 Lübeck	Address: Luzernerstrasse 9, 6403 Kuessnacht SZ	Bank Address: USCC CITISWEEP, 100 Citibank Dr., San Antonio, TX 78245
Bank Name and Address: Bank Austria, Schottengasse 6-8, 1010 Vienna	Bank Name and Address: Santander Bank, Am Klingenberg 6-9, 23552 Lübeck	Bank Name and Address: Schwyzer Kantonalbank, Postfach 576, 6403 Kuessnacht am Rigi	

Three times a year sponsors will be informed through newsletters. Godparents receive reports on their sponsored children twice a year. Furthermore, relevant developments with pictures are posted weekly on social media and our website. Zoom-meetings allow to experience the respective projects live.

A CRM contact data system enables professional management of all sponsor data and their children.

A new website for the simple linking of children with their potential sponsors was launched in 2021: <https://patenschaft.africaaminialama.com/>

Africa Amini Life's overnight accommodations at the Original Maasai Lodge and the Hillside Retreat in Momella are designed to allow sponsors to visit their projects and children at affordable rates, ensuring the highest possible transparency.

After a „freeze“ of volunteers in 2020 and the first half of 2021 due to Covid19, we would be happy to welcome professionals back to volunteer with us at our schools or the KinderVilla starting in 2022.

AAA's administrative costs were covered by proceeds from Africa Amini Life until 2019. Once tourism begins in 2022, for the most part this should again be possible.



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WHAT WERE WE ABLE TO LEARN FROM THE PEOPLE HERE LOCALLY?

Cornelia Wallner-Frisee reports in a short movie about her experiences and the valuable exchange with the people on site and how much we can learn from them during challenging times.

Latest pictures from 2021 accompany the interview and take you to Tanzania. You are warmly invited to take a moment to watch it:

<https://www.youtube.com/watch?v=qybLtD1F5Es> (6 min)

SUSTAINABILITY OF AAA

The following indicators of the UN Sustainable Development Goals are fully implemented in the projects:

- No poverty (social projects, free access to education and medical aid).
- No hunger (social projects)
- Health and well-being (medical projects)
- Quality education (educational projects)
- Gender equality (one of the basic principles of AAA as well as education of girls and employment of 50% females)
- Clean water and sanitation (water projects)



These other goals are not in the main focus, but are nevertheless achieved:

- Affordable and clean energy (electricity at our projects is mainly solar sourced).
- Decent work and economic growth (job creation, training and wide scope of responsibility of our employees)
- Less inequality (free access to education and health services)
- Living in the countryside (permaculture project)

We respect and recognize the importance of partnerships to achieve goals (strong connection and communication with existing state structures and communities).



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AAA IN NUMBERS

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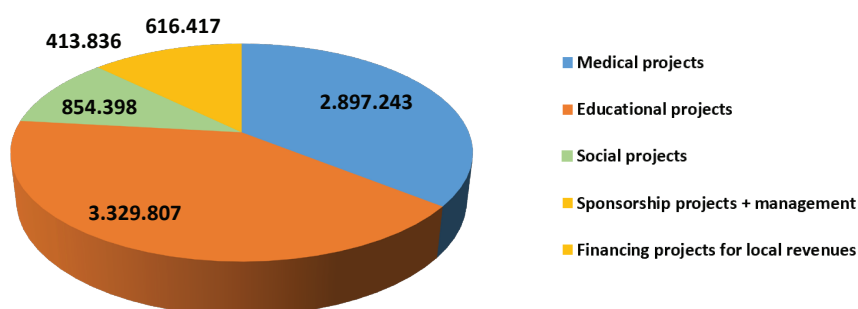
Project work in Tanzania - Arusha/Momella

Economic view 2009 to 2020

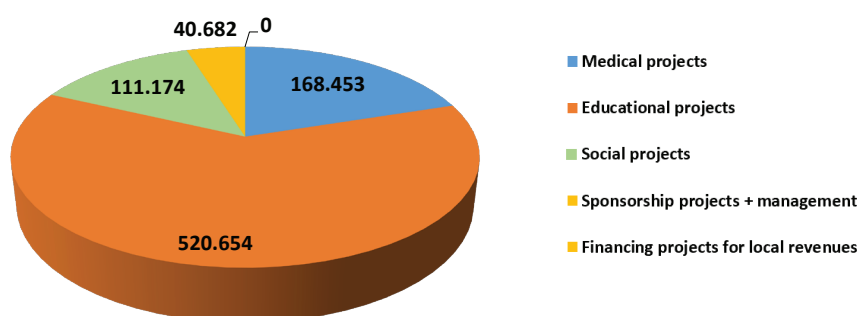
(all costs in Euro)

Project description	expenses									
Total expenditure incl. investments	2009-2020	2012	2013	2014	2015	2016	2017	2018	2019	2020
Medical projects	2.897.243	106.400	167.500	240.000	229.000	250.886	422.467	388.574	642.690	168.453
Educational projects	3.329.807	226.532	186.000	230.000	257.000	260.223	372.112	744.633	484.253	520.654
Social projects	854.398	81.000	54.500	94.000	65.000	143.891	115.701	74.699	70.133	111.174
Sponsorship projects + management	413.836	26.000	17.000	32.987	34.001	45.369	57.205	35.018	76.274	40.682
Financing projects for local revenues	616.417	158.000	174.635	70.000	20.300	0	0	0	0	0
TOTAL	8.111.701	597.932	599.635	666.987	605.301	700.369	967.485	1.242.924	1.273.349	840.962

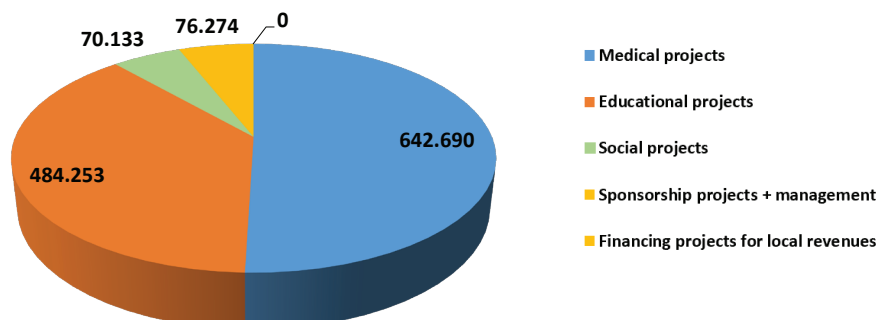
Actual 2009-2020



Actual 2020



Actual 2019





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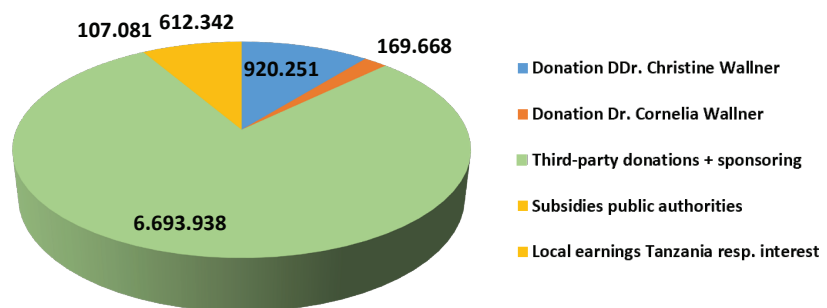
Project work in Tanzania - Arusha/Momella

Economic view 2009 to 2020

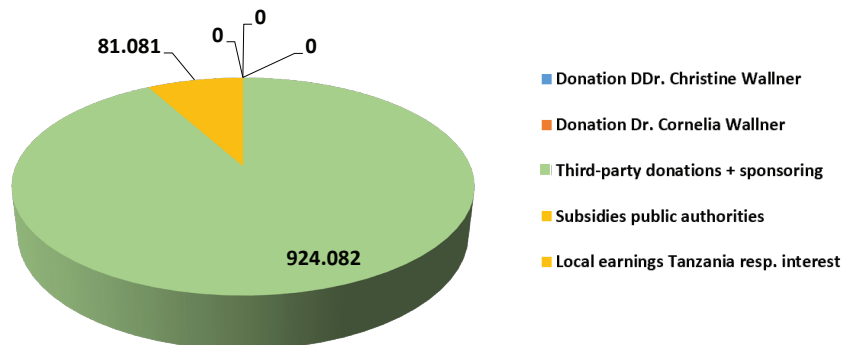
(all costs in Euro)

Source of funds	Revenues									
total revenues	2009-2020	2012	2013	2014	2015	2016	2017	2018	2019	2020
Donation DDr. Christine Wallner	920.251	197.500	157.197	78.000	20.298	7.950	5.000			
Donation Dr. Cornelia Wallner	169.668	26.017	50.000	72.000	21.651					
Third-party donations + sponsoring	6.693.938	312.398	384.396	528.513	565.119	704.736	869.216	1.093.183	1.158.295	924.082
Subsidies public authorities	107.081	8.000	10.000							81.081
Local earnings Tanzania resp. interest	612.342	34	250		30.501	92.188	91.509	165.330	232.080	0
TOTAL	8.503.279	543.949	601.843	678.513	637.568	804.874	965.725	1.258.513	1.390.375	1.005.163

Actual 2009-2020



Actual 2020



With an average total current expenditure of 45,000 euros per month, our cash reserves help us to maintain the ongoing operation of the schools and the KinderVilla for 6 months. Further cash reserves, as of the end of 2020, will serve to finance construction projects and the maintenance of existing buildings, which is planned for 2021.



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IN WHICH AREAS DO WE URGENTLY NEED HELP AT THE MOMENT?

Many children are still waiting for a sponsorship, with only 30 Euro a child can attend school for one month. <https://patenschaft.africaaminialama.com/>

In 2022 we have to start the construction of the boarding unit for our Highschool - we are collecting brick by brick to be able to finance this construction in time.

We need school books and school furniture for our English-speaking schools.



We value your questions and suggestions. Please contact Michael Mangl at our office (office@africaaminialama.com, +43 664 452 66 67) in Vienna or Cornelia personally by E-Mail. Needless to say, it would be even nicer to answer your questions in person here on site during a tour of our projects.

I look forward to welcoming you here at the Original Maasai Lodge or at the Hillside Retreat.

www.africaaminilife.com

Yours,
Cornelia Wallner-Frisee
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www.africaaminialama.com

