



Africa Amini Alama

Where do we stand in 2019



„Pamoja tunaweza“

Strong together - New ways from the power of the heart

Africa Amini Alama creates a center of power for people. We built this center for people who are looking for help and holistic experiences on a physical, emotional and mental level. People who visit us here grow in their potential and live with greater devotion, commitment and love.

Introduction

Hereby you will find the report of Africa Amini Alama's achievements, dating up to the beginning of 2019. In the last year we were able to continue with the development of important infrastructural measures. The overall quality of our daily ongoing projects have increased day by day.

First of all, we would deeply like to thank all our supporters in Europe and abroad that have helped develop Africa Amini Alama to the proud organization it is today. With your help we now have over 180 employees, helping more than 1000 children in Ngabobo and Ngare Nanuki, treating medical patients from all over Tanzania, as well as supporting numerous families in urgent need!

With your help we were able to create an environment that enables healing and personal growth. A place that nurtures, cures, challenges and stimulates inner and outer growth as well as health. A place of trust and love.



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Graphical summary of projects



Medical projects

- Health Center
- Healing Center
- Driving Doctors



Education projects

- English speaking primary schools
 - Maasai Vision
 - Woreg Vision
 - Simba Vision
- Higher Educational Facilities
 - Vocational school for carpenters, bricklayers & mechanics
 - Auto Service Shop
 - Women's tailoring group
- Pamoja Maasai secondary school
- Permaculture



Social projects

- Orphanage
- Urgent help
- Supporting women's groups



Charitable Tourism: money earned by tourism funds the project

- Maasai Lodge
- Hillside Retreat
- Nature Homes
- Hotelini

Stand March 2018

Heath Center: Modern medicine clinic
 Healing Center: Natural healing therapies
 Driving Doctors: Medical transports and visits



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1- Our medical projects

1.1- Vision

“There is no disease in a fully conscious being.”

A field is created in which each person can grow and influence in order to find his way back to what he really is. And that means for us to be healthy and attentive to all living things.

1.2- Mission statement

Strengthening of the inner self-healing-powers through modern medicine and traditional methods as well as therapeutic intervention, to be able to find the causes of a disease. We are providing access to comprehensive medical services of high quality standard for everyone in Tanzania, including people that usually cannot afford it.

1.3- Sustainable results

Patients experience that medical care of acute and chronic diseases as well as the inclusion of emotional and spiritual blockades in their treatment, are necessary and sensible for a long lasting cure. We integrate these new methods into the health system and educate medical personnel accordingly.



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1.4- What have we achieved from 2010 until the beginning of 2019?

- **Preparation of the health center to become a hospital with an average of 70-110 patients per day**
 - General Clinic
 - Laboratory
 - Mother/Child Unit with Delivery and Before/After Care
 - Dentist
 - In-Patient Unit
 - X-ray and Ultrasound Unit
 - Ophthalmology
 - Surgery unit
 - Mortuary (in construction)

- **Healing Center**

In support of modern medicine diagnosis', the center provides treatments with natural plants, homeopathy, vitalfeld therapy, scenar, acupuncture, and remedies. These treatments all find their own equal standing. At our natural healing center on the foot of Mount Kilimanjaro, surrounded by nature and strong energetic fields, our therapeutic and energetic healing interventions are used to explore the deeper root of a disease.

- **Driving doctors**

- Medical transports to the Health Center
- Patient bus in order to ease access to the facility
- Transports from the Health Center to other clinics
- Treatment of patients in remote areas



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1.5- Strategy 2021

- Expansion of the Health Centers to a hospital with emergency and planned surgeries in gynecological, general and plastic surgeries, as well as in trauma and orthopedic areas. Employment and further training of medical staff to enhance knowledge transfer from Europe to Tanzania.
- Expansion and enhancement of the Healing Center in quantity and quality, through teachings by natural healing specialists from abroad, through further integration of natural healing knowledge, and through the increase of overnight accommodations for patients
- Expansion of specialized centers, such as the wound healing center, gastro-colonoscopy, HIV clinic, orthopedic arthroscopy and gynecological diagnostics.
- Expansion of the 'driving doctor' projects by purchasing an ambulance car with its own driver and nurse for medical transports.
- Prevention program by educating patients and with proper diagnostics.
- Increase the number of foreign patients to be treated at the Healing Center to find new energy and power for their life.
- Change of registration to a charitable hospital, in order to enable a private charitable hospital, with the possibility of income generation through insurance coverage from patients. The profits should be reinvested and used for patients in need.
- Continuation of the free treatments for patients that come from families in need as well as the exemption system per government regulations.
- Regular meetings with the local community representatives so that decisions in the medical field are also supported by the village community and that the needs of the local population are recognized.



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Strategic measurement criteria medicine	Achieved 2019	Target value 2021
Number of treated patients per day	85	120
Number of surgeries per year	255	> 400
Number of births per day	1-2	3
Percentage of diabetes patients with satisfying glucose setting	70%	80%
Percentage of well-adjusted hypertensive patients	70%	80%
Number of patients at the Healing Center per day	65	> 90
Number of patients in HIV clinic accompanied per month	30	50
Number of medical educational seminars per year	35	50
Percentage of patients that come regularly for a check-up	65%	75%
Number of patient staying the night per year	600	> 2000
Successful cures based on improvement of well-being	70%	85%
Number of medical transports (getting people to the clinic)	210	> 300
Legal foundations laid down in writing	partly	100%
Share of completely free patients treated per day	25%	25%
Monthly hospital expenses covered by patient payments	20%	40%



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2- Our educational projects

2.1- Vision

By imparting knowledge and acquiring practical skills, children and young people are given tools so that they can shape their lives in a self-determined way.

2.2- Mission

Establishment and maintenance of three English-speaking primary schools and a secondary school for children from poor families, in which independent thinking and heart formation are promoted in addition to knowledge transfer and creativity.

Vocational training school in which young people learn a trade in order to create a basis for their future.

2.3- Sustainable results

To watch a new generation grow that is self-confident, critical, creative and that is able to enter the professional world with respect towards others.



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2.4- What have we achieved from 2010 until the beginning of 2019?

- **Three English-speaking elementary schools**

- Maasai Vision in Ngabobo: 285 children (two Montessori nursery classes as well as 1st - 7th grades)
 - Worseg Vision in Momella: 330 children (three Montessori nursery classes as well as 1st-7th grades)
 - Simba Vision in Madebe: 170 children (two Montessori nursery classes as well as 1st to 5th grades)
- The schools are run as a Private Public Partnerships together with the government. They are among the first English-speaking state schools.
 - Some of the teachers are provided by the government, all other costs are carried by Africa Amini Alama.
 - Elementary schools that offer children from economically weaker families a chance to receive a high quality education.
 - Football and sport as cultural and gender-connecting components of everyday school life.
 - All schools have a minimum of two years of Montessori nursery classes with professional Montessori teachers.
 - In 2018 Maasai Vision school was rated under the best 3% schools in Tanzania. The 4th grade of Simba vision scored number one in the end of year examination from the district.
 - Regular teacher trainings through professional teachers from Europe and Israel.



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- **Vocational training schools**

- Mechanical, carpentry and masonry workshops (65 apprentices), that enables a two to a tree year craft apprenticeship for adolescents from socially disadvantaged families. Preparations for the expansion of the welding workshop should be done by late 2019.
- Erich Plasonig Professional Mechanical Workshop: Repair shop with high quality standards and full equipment. Body work and painting unit has been built and started by the beginning of 2019. The garage is used for repairing company owned vehicles, know-how transfers, mechanical education and as a service company for the area of Ngare Nanuki.
- Computer school with 10 work stations where children from primary and secondary school as well as adults from the local community get basic IT knowledge within a three month course. Some of them undergo the strict examination of vocational training schools to get a legally recognized certificate.

- **Female Tailor Group** (25 women) with independent workshops in Momella and a shop in Arusha National Park. Part of it is a tailoring school where eight girls from the age of 15 to 17 get a 3-year tailor apprenticeship with an official certificate. The woman group runs the workshop as an own profit center.

- **Pamoja Maasai Secondary School in Ngabobo**

High quality secondary school for talented Maasai children from disadvantaged families.

- First constructing-phase of the secondary school accomplished
- Registration as a government school done by government authorities
- MOU is signed
- Thanks to the construction of the school, electricity and water was brought to Ngabobo.
- First two streams of 'form one' students with 82 children started in January 2019. The children are selected by the government. Students proving high performance (grade A and B)



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at the national exams from Ngare Nanuki and Ngabob are given a chance to enter 'form one'.

- Government supports us to make it one of their excellence schools. Some teachers are provided by the government, parents contribute food, Africa Amini helps with all other costs of running the school.

- **Permaculture**

- Educational gardens in all elementary schools as well as the orphanage.
- Garden with fresh vegetables and herbs at the Lodge. (Herbs from the garden are used daily for meals and tea.)
- Moringa project in Ngabobo
- Seminar of permaculture group (containing 6 people) in Morogoro
- Water project in Ngabobo, Madebe, Maroroni and Ongontukoiti. (thus 3000 people in Ngabobo, 500 in Madebe, 2700 in Maroroni and 2100 in Ongontukoiti will be provided with drinking water.)



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2.5- Strategy 2021

- To complete the three existing English-speaking elementary schools from kindergarten through 7th grade.
- Ensure quality via know-how transfers from volunteer teachers as well as employment of qualified staff and further training.
- Expansion of the vocational school to allow an ever-higher education for apprentices. (Integration of new machines, welding workshops and increased know-how transfers from Europe.)
- To generate new clients from the surrounding area through marketing measurements and expansion of the services in the Erich Plasonig Car Repair Shop (body work and painting of cars).
- To accompany the female tailor group with know-how transfers in order to support them on their way to independence and supervise the curriculum of the tailoring vocational training school.
- To include internet in the E-Learning-Center and help children, next to teaching basic computer skills, obtain further knowledge on matters such as writing their CV and application letters.
- Finish the construction phase of the Pamoja-Maasai-Secondary-School in Ngabobo and give children of the 'form one' a high quality education. Pamoja project (translates to 'Together') should become a successful cooperation by contributions from the government, parents and AAA.
- Expansion of the permaculture project by offering more seminars that are led by trained teachers. Integrating permaculture into the syllabus of schools and maintaining school gardens as an educational tool for the children as well as a fresh food source . Inform the guests of Africa Amini Life about the school gardens. Expand the Moringa Project in order to provide moringa to patients and customers abroad.



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Strategic measurement criteria education	Achieved until 2019	Target value 2021
Number of pupils in all three elementary schools	785	971
Number of 7 th grade classes	2	3
Number of education seminars for teachers per year	4	>6
Teaching quality: Nat. exams ranking 4./7. class Maasai vision	Top 3 % in nation	Top 10%
Teaching quality: Nat. exams ranking 4./7. class Worseg vision	Nr 8 in district	Top 10%
Teaching quality: Nat. exams ranking 4./7. class Simba vision	nr 1 in district	Top 10%
Number of pupils who graduate successfully	18	85
Number of students in secondary school	82	240
Construction of all necessary buildings	80%	100%
Number of students with a final certification of vocational school every two years	63	75
Number of apprentices who get full time work	60	75
Share of income by the garage from external clients	15%	50%
Number of tailoring students that graduated	0	8
Number of students that finished their basic PC course per year	75	100
Number of e-learning users per day	5	>20
Number of permaculture seminars for farmers per year	1	3
Organic vegetables from own gardens at schools and orphanage	~ 3 days per week	daily



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3- Our social projects

3.1- Vision

Share part of our prosperity with people who fight for their life.

3.2- Mission

To help families with grants of items until they are able to support themselves again.

3.3- Sustainable results

To offer a place where many people are supported in their development. To strengthen the responsibility towards those people who are not yet able to survive alone.

3.4- What have we achieved from 2010 until the beginning of 2019?

- **Orphanage in Momella (41 children)**
 - Orphanage with 41 children (45% girls, 65% boys)
 - A home where children experience social competence, a caring environment, safety and happiness.
 - Create a stimulating climate for learning and enable children to visit a primary English school.
 - Openness to foreign cultures and at the same time receive an understanding of their own culture by means of daily contact with helpers from Europe and a stable Tanzanian team of five people (house father Elias, Mama Christopher, Rehema, Happy, Lea).
 - Regular exchange with the community and external institutions through excursions.
 - Interaction of children with their own community by helping them to be integrated in their clan during holidays for some weeks.
 - Regular communication with the district welfare office for reports and quality controls.

- **Acute help for families in need**



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- Food packages: Each month more than 15 families receive regularly donations of food and item packages. Further families receive support in emergency cases.
- Construction of houses for three to four people made out of local materials. With more than 15 constructed houses in Momella and neighboring surroundings, more than 43 people have received a new home.
- **Support of women groups in Maasai land**
 - Three female handicraft groups in Madebe, Ngabobo and Lekurumuni:
Maasai women in critical financial situation, are offered a chance to sell their handmade jewelry for a fair price at our regular markets. With the revenue they can feed their children. We sell their jewelry in our shop at the lodge, at a container in the Arusha National Park gate and are also searching for distributors in Europe.

Special project: to bring the jewelry under the brand “Alama” exclusively on the market.

- Three micro credit groups
 - 10 women in the first group (2,000,000 starting capital)
 - 30 women in the second group (2,000,000 starting capital)
 - 10 women in the third group (900,000 starting capital)

3.5- Strategy 2021

- Orphanage: keep on giving children a home in which they experience protection, love and encouragement. Include daily tasks and prepare the children for their future work/education.
- Develop structures within the orphanage to meet the special needs of older children so that they can be among themselves as an age group.
- Create regular reports in order to inform sponsors about the development of their children.



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- Continuation of the support for families in need. Delivery of food packages together with the guests from Africa Amini Life and construct houses when needed.
- Support the already existing women's groups in Maasailand and try to find continuous sales opportunities for their products.

Strategic measurement criteria social projects	Achieved 2019	Target value 2021
Stable kids measured on their abilities to play freely and on their openness towards others	93%	95%
Number of children with psychological anomalies	5	1
Number of children graduating elementary school	0	15
Number of sponsor letters per year	2	2
Number of family sponsors	10	20
Number of volunteers per year	20	24
Income of the Maasai with jewelry per year	€ 9.000	€ 10.000

We would like to express our deepest appreciation to the sponsors and ambassadors in Europe as well as volunteers that came to Tanzania. You have made all these achievements possible in the last years. Together we will be growing in a sustainable way, serving the people in need, through high quality medical health, education and social support, enabling them a future.

Asante sana in the name of thousands of people who already got help, hope and support through Africa Amini Alama.



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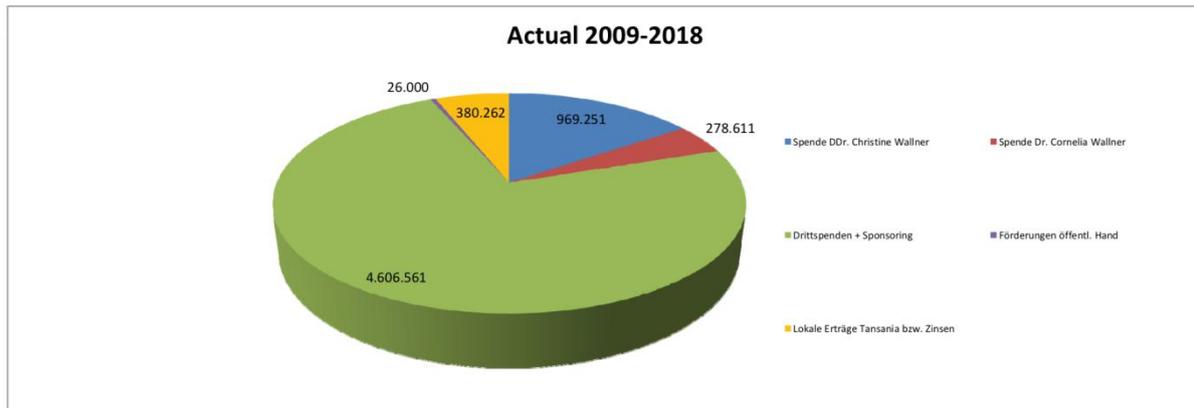
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Africa Amini Alama Projektarbeit in Tansania - Arusha/Momella Wirtschaftliche Betrachtung 2009 bis 2018 (alle Kosten in Euro)

WA/März 2019

Finanzmittelherkunft Gesamteinnahmen	2009-2018	Einnahmen									
		2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Spende DDR, Christine Wallner	969.251	64.274	231.311	158.721	197.500	206.197	78.000	20.298	7.950	5.000	
Spende Dr. Cornelia Wallner	278.611				80.000	95.000	72.000	21.651	4.960		5.000
Drittspenden + Sponsoring	4.606.561	0	8.500	145.500	312.398	384.396	528.513	565.119	704.736	869.216	1.088.183
Förderungen öffentl. Hand	26.000	0		8.000	8.000	10.000					
Lokale Erträge Tansania bzw. Zinsen	380.262	0		450	34	250		30.501	92.188	91.509	165.330
TOTAL	6.260.684	64.274	239.811	312.671	597.932	695.843	678.513	637.568	809.834	965.725	1.258.513



Africa Amini Alama Projektarbeit in Tansania - Arusha/Momella Wirtschaftliche Betrachtung 2009 bis 2018 (alle Kosten in Euro)

WA/März 2019

Projektbeschreibung Gesamtausgaben inkl. Investitionen	2009-2018	Ausgaben									
		2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Medizinische Projekte (MEDICAL)	2.086.101	24.274	101.900	155.100	106.400	167.500	240.000	229.000	250.886	422.467	388.574
Ausbildungs Projekte (EDUCATION)	2.324.900	0	3.200	45.200	226.532	186.000	230.000	257.000	260.223	372.112	744.633
Soziale Projekte (SOCIAL)	673.091	0	21.500	22.800	81.000	54.500	94.000	65.000	143.891	115.701	74.699
Patenschafts Projekte + Verwaltung	296.880	0	42.800	6.500	26.000	17.000	32.987	34.001	45.369	57.205	35.018
Finanzierungsproj. für lokale Erträge	616.417	40.000	70.411	83.071	158.000	174.635	70.000	20.300	0	0	0
TOTAL	5.997.389	64.274	239.811	312.671	597.932	599.635	666.987	605.301	700.369	967.485	1.242.924

